



# HopeLink

Quarter 1 | 2021

RENEWAL

# RENEWAL



## PRESIDENT'S MESSAGE

I am longing for the day when God will make all things new. What about you? It's not just wishful thinking. The apostle John received a revelation from Jesus about a new heaven and a new earth where "there shall be no more death, nor sorrow, nor crying. There shall be no more pain, for the former things have passed away" (Revelation 21:4 NKJV). In vision, he heard the One who sits on the throne say, "Behold, I make all things new" (Revelation 21:5 NKJV).

This was the hope of the first followers of Jesus and it's still our hope today: "we look for new heavens and a new earth in which righteousness dwells" (2 Peter 3:13 NKJV)—ultimate and perfect renewal. But we don't have to wait until that glorious day to experience renewal. We can experience renewal today! In fact, that is God's desire for each one of us! The apostle Paul, once called Saul the persecutor, experienced renewal in his own life through a personal encounter with Jesus, and he boldly declared, "If anyone is in Christ, he/she is a new creation; old things have passed away; behold, all things have become new" (2 Corinthians 5:17 NKJV).

Here at Hope Channel International, Inc., our mission is to help you connect with Jesus and experience renewal in every area of your life—renewal in your body, renewal in your mind, renewal in your family, renewal in your spiritual life. Our goal is to help you experience a better life today and for eternity! Do you long for renewal in your life? The apostle Paul provides a key in his inspired counsel to followers of Jesus. To Christians in Philippi, Paul wrote, "Whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things" (Philippians 4:8 NKJV). And to Christians in Rome, Paul wrote, "Do not be conformed to this world, but be transformed by the renewing of your mind..." (Romans 12:2 NKJV).

Just a few days ago, I received an email from one of our Hope Channel viewers in Georgia, USA. Stacy wrote, "I'm so thankful for Hope Channel. I'm finally getting to know God rather than just knowing about Him. Because of *Hope at*

*Home, Hope Sabbath School, and Let's Pray*, worship has become a lifestyle instead of an event for me!" It was evident that Stacy was experiencing renewal as a result of the programming she was watching on Hope Channel, so I wrote to her and asked her to share a little more of her testimony.

Here is her response:

"Being church-ed and educated in a Protestant denomination I always believed, but the Bible and God had become an accumulation of dry and dusty facts, just true for others. Then at the darkest hour of my life, I found hope through Hope Channel. *Hope Sabbath School* renewed my love for learning and *Let's Pray* prayed for me without judging. From *Hope at Home* to *InVerse* I am challenged and encouraged daily. There's no more dust on my Bible and the God who penned it is my God now, He's both my Savior and my Friend. I talk to Him about any and everything.

I'm sure there are supporters who faithfully drop their check in the mail, wondering if they're really making a difference. I wish I could meet them. I wish they could see where I was before I found Hope Channel and where I am now because I have. God uses this amazing family of believers every hour of every day to reach the lost and renew weary believers. Our God is just so good."

Stacy is one of thousands who are finding a living connection with Jesus and experiencing renewal as a result of watching programming on Hope

Channel. Here are a few more short testimonies:

Lynette wrote from New Jersey, USA: "The Holy Spirit led me to Hope Channel three years ago. It has changed my perspective on studying the Word of God. I have become like one of the Berean Christians (Acts 17:11), searching the Scriptures for myself."

Oni wrote from Washington State, USA: "I've been watching and joined in your programs for over a year now. My life and lives around me have been transformed through your clear teachings of the Messiah, Jesus Christ. Hallelujah!"

Omweno wrote from Uganda: "Your programs have transformed my life ever since I started watching Hope Channel. I know God more through your programs. I am reading my Bible more than ever before!"

Please pray for Stacy, Lynette, Oni, Omweno, and all our Hope Channel viewers. Thousands around the world are experiencing renewal and looking forward to that glorious day when God will make all things new.

With thanks and prayers,

**Derek Morris**  
President, Hope Channel International, Inc.





# Help Hope Help You

Your gifts make a difference and giving can still benefit you! While tax laws have changed, your support is needed more than ever. With your support we can achieve our mission. There are some easy ways that you can help us this year and make an impact on our work. Some of these gifts include benefits such as income and capital gains tax avoidance and lifetime income. Contact us to learn more.

**Now is the time to lock in a generous payout rate based on your age.**

Jason Miller  
Director of Planned Giving  
Phone: 301-680-5107 or 240-475-8043  
Email: Jason.Miller@hopetv.org



## TABLE OF CONTENTS

President’s Message	2
Healthy Tips for Stressful Times	6
Renewal in Physical Health	10
Inside Hope Channel	11
From Rags to Riches in Heaven	12
Unusual Times Means Unusual Opportunities	14
Facts or Fables: An Interview	18
Programming Schedule	22

**President**  
Derek Morris

**Marketing Team**  
Elizabeth Camps  
Maharani Lumban-Gaol  
Cintha Molina

**Contributing Writers**  
Sarah Fonseca  
Rico Hill  
Maharani Lumban-Gaol  
Enkose Plummer  
Derek Morris  
Dr. Katia Garcia Reiner

**Designer**  
Zack Posthumus

**Printing**  
Alpha Impressions

**Send Correspondence to:**  
editor@hopetv.org

**Product Orders and Donations**  
Support this viewer-funded television ministry with your donations.

**★ USA**  
PO Box 4000  
Silver Spring, MD 20914

**✦ Canada**  
1148 King Street East  
Oshawa, Ontario, L1H 1H8

Call toll-free in North America:  
888-4-HOPE-TV (888-446-7388)

International calls: +1 269-471-6050

hopetv.org

To support Hope Channel through wills, trusts, annuities, or other planned giving instruments, please call 888-339-PLAN (7526).

Adventist® and Seventh-day Adventist® are registered trademarks of the General Conference Corporation of Seventh-day Adventists®





By Katia Reinert

# Healthy Tips for Stressful Times

We have been living through stressful times of uncertainty and chaos around the world. Social isolation, financial losses, political unrest, illness and death of loved ones are only a few of the consequences that many have experienced during the COVID-19 pandemic. Many people have been turning to substances or other addictions, experiencing symptoms of depression, anxiety, suicidal thoughts, and looking for answers in the wrong places in an effort to deal with loneliness and feelings of despair.

We have known that over time, our reaction to prolonged stress can turn into serious disorders that include severe depression, skin disorders, alcoholism, substance abuse, uncontrollable anger, heartburn and other stomach and digestive syndromes, diabetes, sexual dysfunction, and many of the so-called “lifestyle” disorders and symptoms. In fact, prolonged exposure to passive stress (where



we are exposed to stressors but cannot respond to them) can weaken the immune system and allow other diseases, such as infections, to develop more easily.

Sounds pretty bad, doesn't it? But there is hope. Here are three simple ways to help you cope with the negative effects during these stressful times.

## 1. SPEND MORE TIME OUTDOORS IN NATURE

Studies have shown that being in a natural, outdoor environment is one of the best ways to improve health and reduce stress. When we are surrounded by plants, trees, soothing sounds, and fresh air, we experience a mood lift, are better able to think positively, and are able to experience feelings

of internal calm. How does this happen?

- Serotonin levels are increased, and mood is enhanced. In one study, runners who regularly exercised outdoors were less anxious and depressed than people who ran indoors on a treadmill, and they had higher levels of post-exercise endorphins—the feel-good

brain chemicals associated with “runner’s high.”

- Exposure to nature reduces pain and illness and speeds recovery time. In a study of post-operative patients, those who had rooms overlooking natural surroundings needed less pain medication and spent fewer days in the hospital than those who looked out onto a brick wall.
- The scent of grass has a significant calming effect on out-of-control drivers.
- Even in the winter, a walk out in fresh air can refresh our mind, improve our mood, and bring other health benefits. Fresh air is rich in negative ions, which have been linked to an improved sense of well-being, heightened awareness and alertness, decreased anxiety, and a lower resting heart rate.

## 2. CULTIVATE AN ATTITUDE OF GRATITUDE

We know that gratitude has a positive effect on our health and well-being. How can we integrate thankfulness into our daily lives?

- Practice thoughts of gratitude. In a study, people who were

deliberately thankful appeared to be more optimistic, pleased with their lives, and connected to others when compared to those who reflected on daily hassles or on everyday events. The traits mentioned above, such as optimism and a connection with others, are often found in people who are resilient.

- As you grow in years, learn to thank God for everything—the good and the bad. Sometime God’s best gifts come wrapped in unattractive paper. One study conducted on older adults concluded that the effects of stress on health were reduced for those who felt more grateful to God.

## 3. TALK TO GOD IN PRAYER AND HOLD TIGHT TO HIS WORDS

Many people dealing with stress find that talking with God and meditating in His word helps them cope more effectively. In a study of survivors of trauma, those who had the highest levels of positive religious coping - like relying on prayer and depending on God daily - had better scores for physical and mental health compared with those with lower levels.<sup>6</sup> Here are some biblical



texts we can meditate upon and pray about:

1. God says you are unique and wonderfully made! (Ps. 139:13-18).
2. No matter what occurs in life, you need not be afraid because God is with you (Ps. 118:6).
3. God’s love for you overflows and is demonstrated for us through Christ (John 3:16).
4. You are forgiven, and that knowledge brings healing (Ps. 103:3, 12).
5. Feeling grateful and expressing our appreciation brings healing from daily life stressors (Ps. 57:7-11; 107:1, 8-9; Prov. 16:24).

As we transition into a new year, let us seek God’s presence in nature; let’s meditate more on His words; and let us cultivate an attitude of gratitude. As you do that, you will draw comfort, strength, and hope as you face the challenges and opportunities the new year will bring.

*Dr Katia Reinert is associate director of the Health Ministries for the General Conference, and a family nurse practitioner practicing at Shepherd’s Clinic in Baltimore, MD.*

<sup>1</sup>“41 Random Facts about Stress,” <http://facts.randomhistory.com/stress-facts.html>.

<sup>2</sup>N. Nedley, *The Lost Art of Thinking*, 118, 119.

<sup>3</sup>T. Vindum, ACE faculty member. [www.athleta.net](http://www.athleta.net)

<sup>4</sup>R. A. Emmons and M. E. McCullough, “Counting Blessings versus Burdens: An Experimental Investigation of Gratitude and Subjective Well-Being in Daily Life,” in *Journal of Personality and Social Psychology* (2003), 84(2): 377-389.2.

<sup>5</sup>N. Krause, *Research on Aging*, University of Michigan, vol. 28, no. 2, Sage Publications, 2006.

<sup>6</sup> Reinert, K. Campbell, J., Bandeen-Roche, K., Szanton, S., & Lee, J (September 2016) The role of religious involvement in the relationships between early trauma and health outcomes among adult survivors. *Journal of Child and Adolescent Trauma*, 9, 231-241. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4969318/>



# Renewal in Physical Health

Experience renewal in your health by trying out this nutritious, flavorful recipe from *Go Healthy for Good!*



## Ingredients

1/4 cup finely chopped shallots or purple onion  
 5-6 cloves garlic, minced or finely chopped  
 1-2 thumb-size pieces ginger, sliced into thin matchstick pieces  
 1 medium-size carrot, sliced  
 5-6 shiitake mushrooms, sliced, or left in halves or quarters  
 1 small head cauliflower, cut into florets  
 1 small head broccoli, cut into florets  
 1 red pepper, sliced into strips  
 2-3 cups baby bok choy, or other Chinese cabbage (leaves left whole if not too large, otherwise cut in half or thirds)  
 Handful fresh Thai basil  
 2 Tbsp. oil

### Stir-Fry Sauce

2/3 cup coconut milk  
 3 Tbsp. Bragg's liquid aminos or soy sauce  
 3 1/2 Tbsp. fresh lime juice  
 2 Tsp. brown sugar

## Directions:

1. Combine all 'stir fry sauce' ingredients together in a cup or bowl. Stir well to dissolve the sugar.
2. Warm a wok or large frying pan over medium-high heat. Add the oil and swirl around, then add the shallot/onion, garlic, and ginger. Stir-fry 1-2 minutes, then add the carrot, mushrooms, and cauliflower. Also add 1/4 of the stir-fry sauce. Continue stir-frying 2-3 minutes.
3. Add the broccoli and red pepper plus up to 1/2 of remaining stir-fry sauce, enough to gently simmer vegetables in the sauce (about 2 minutes). Note: this is a 'saucy' stir-fry that is never dry - the sauce is meant to flavor the rice or noodles it is served with.
4. Finally add the bok choy or Chinese cabbage. Add more of the stir-fry sauce as needed, enough to just cover vegetables in sauce. Simmer until bok choy or cabbage is cooked but still bright green with some crispness (2-3 minutes more).
5. Remove from heat, top with fresh basil.

**Note:** Any leftover sauce can be stored for 1 week in a covered container in your refrigerator for future stir-fries.

# INSIDE HOPE CHANNEL

ENKOSE PLUMMER, VIDEO EDITOR



I am many things—a brother, a son, a musician, an artist, an evangelist, a preacher of the gospel, but I am first a child and follower of Christ. I grew up in the state of Georgia and recently graduated from Oakwood University. I never expected to be at Hope Channel. I always saw *Hope Sabbath School* playing on the cafeteria television at my university, and I felt inspired by the Bible studies and testimonials given. I thought, “It would be cool to be on an episode one day.”

I grew up in the Seventh-day Adventist church and gave my life to Christ a couple of years ago, the year 2016 to be exact. I've always had a love for God, but it was only recently that I finally realized how much God loves me, and from that point on, my entire world changed. Once I understood this, I felt my mission in life was to share His love wherever I went, and it has been such an honor and privilege to share Jesus through the medium of broadcast television.

One day, my friend asked me to accompany her for an interview with Adventist Development and Relief Agency. After the interview, we stopped by Hope Channel on our way out, and there I met some of the team members,

and I was amazed by how warm and encouraging everyone was. I visited on another occasion to experience a taping of *Hope Sabbath School*, and there I met the president of Hope Channel International, Inc., Pastor Derek Morris. He invited me to participate in an episode. A mere thought that I had in the cafeteria at Oakwood University was now becoming a reality! Although I felt a little nervous, it was an unforgettable experience.

During that time, I had recently graduated from college and was looking for a job. There happened to be an opening for a video editor at Hope Channel. It was perfect. I sent my resume and portfolio, and a couple of months later, I got the call for an interview. I was excited, and I am sure you can assume what happened next: I got the job!

Now I serve in Studio Productions, editing, directing, working with the camera, audio, graphics, and so much more. I am excited to grow! I feel all my life has been about learning, applying, and sharing what I have learned. To know that I am working with God and for God with Hope Channel is an extraordinary opportunity.



# From Rags to Riches in Heaven

Sarah Fonseca, fundraising coordinator

Raised in a humble Christian home, Jim grew up in a 400 square-foot house, smaller than most two-car garages. The bathroom was an outhouse, and the “running” water was manually pumped from outside. The family car was old, but it was able to get them to church and back most Sabbaths.

Jim’s family may have been financially poor, but they were rich in love. Unfortunately, Jim never felt the same richness of Christian love from his church. The treatment his family received from the church members “made him turn away.” Once he graduated from a Christian academy, Jim decided he was “done” with his church and stopped attending, weakening his relationship with God.

One Sabbath, Jim went to pick up his parents from church. As he waited for

his parents, a church leader approached him. Jim was hoping he was going to ask if there was anything he could do to help him return to church—but that wasn’t the case.

In a matter-of-fact tone, the man told Jim that the church was going to remove his name as a member because of his lack of attendance. Out of disappointment, Jim defiantly responded to go right ahead and remove his name because he didn’t want any part of such a hypocritical group! That was Jim’s last encounter with his church.

Decades passed as he continued to push further away from God. During a very stressful time in his life, while his wife was recovering from breast cancer, Jim suffered a heart attack. Medical professionals performed a series of tests and found an aneurysm in Jim’s aortic

arch, the top part of the main artery that carries blood away from the heart.

The aneurysm was life-threatening because if it were to rupture, it could result in uncontrollable internal bleeding. Surgery for this type of aneurysm was so specialized that Jim would have to travel outside of his hometown for the operation; however, the size of Jim’s aneurysm was just below the size that required immediate surgery. The doctors decided to closely monitor the growth of the aneurysm over a period of time before moving forward with surgery.

Six years of monitoring passed without any growth in Jim’s aneurysm. Upon returning

to the doctor’s office, Jim was informed his medical records had been lost during a transition from paper to electronic medical records. He was instructed to get another Magnetic Resonance Imaging (MRI) and return to the office for the results.

The next day at his follow-up appointment, the nurse reviewed his chart and asked Jim a strange question: “Have you had an operation on your aneurysm since we last checked it?” Confused why she was asking, he informed her that he had not. Without an explanation for her question, the nurse replied, “Okay, the doctor will be with you shortly.”

In pure amazement, the doctor told Jim, “You must be eating healthy, exercising, and going to church, because your aneurysm is gone. In all my 20 years of experience, I have never seen an aneurysm disappear!”

Jim and his wife were in complete shock as they left the appointment. Stunned, they sat in their car, and Jim suddenly was overcome with the truth that God still loved him despite all those years of pushing Him away. He turned to his wife and said, “We need to go back to church.”

The very next day, on a Sabbath morning, Jim and his wife entered the doors of a local church. But unlike his past church, Jim felt welcomed. Eventually, he and his wife were baptized, and Jim even became a leader in the church. His relationship with God was renewed.

Jim has been watching Hope Channel for the past three years, ever since he was gifted a Roku from a fellow church member. Jim says Hope Channel has been a “true blessing” that has strengthened his relationship with God. *Hope Sabbath School’s* interactive, in-depth Bible study has helped him better participate in his church’s Sabbath school classes. He has even used the *Hope Sabbath School* outlines to teach a few classes.

We serve an awesome God. Even when His children go astray, He welcomes them back and into the kingdom of heaven.

Your financial support allows Hope Channel to be there for individuals like Jim when they renew their relationship with Christ and are desirous of Bible-based programming. The investment you make today in Hope Channel enables us to produce quality media, such as *Hope Sabbath School*—and that investment yields eternal dividends.

**"IN ALL MY 20 YEARS OF EXPERIENCE, I HAVE NEVER SEEN AN ANEURYSM DISAPPEAR!"**

# Unusual Times Means Unusual Opportunities

By Maharani Lumban-Gaol

"It is no secret that we are living in unusual times and unusual times means unusual opportunities," keynote speaker Pastor Mark Finley remarked in his inspiring message during this year's virtual Celebration of Hope: Power Up. As events were being canceled left and right, it was no surprise that the yearly Celebration of Hope would also need to be changed. But we didn't want to leave our viewers and partners without this unique opportunity to thank them for their continued support. Thus, launched the idea for a virtual program. Viewers who were never able to physically attend, now had the opportunity to



experience the exciting event right from their home. Over three weekends, hundreds of viewers from across the world registered and tuned in online. Although in-person interaction was not possible, a live chat box was available for viewers to continue that engagement with one another. "We rejoiced together to see all the Lord is doing through the global evangelistic media ministry of Hope Channel International," remarked Derek Morris, president of Hope Channel International, Inc. (HCI).

Musical guests Alessandra Sorace, A'Men Quartet, Paul Heflin, Mark Francis, Matt and Josie Minikus, Ramone Griffith, and Lyshll and Rhymiel Prudente blessed the program with their God-given talents. Viewers left hearty "amens" as they listened to the sweet-sounding music ascending to heaven. Indeed, the past year has been a challenge, but as viewers witnessed the amazing stories and reports throughout the program, it was clear that God demonstrates His miraculous power during challenging times. Hope Channel has now grown to nearly 60 global networks since 2003, broadcasting in 70 languages and over 200 languages. Just in the past year, we have added four new channels: Israel, Ethiopia, Namibia, and Zimbabwe.

Viewers were given a first-hand look at the exciting reports from our global networks. "I personally loved the first-year anniversary video celebration of the



Hope Channel Southeast Asia network!" remarked Miriam Tayler, HCI community development coordinator. In an area where the majority of the people have never heard the name "Jesus" or have been exposed to Christianity, Hope Channel Southeast Asia is reaching seven countries there for the gospel. In India, a highly spiritual country with a population of 1.2 billion, Hope Channel is producing programs with the goal of having them in over 50 languages by 2025. They are also building a third studio in Hapur that will soon minister to 700 million people who understand the Hindi language. In Hope Channel Tanzania, over 100,000 people were baptized in the last two years!

Vyacheslav Demyan, vice president for programming, shared with the attendees how God was also preparing us here in North America for this difficult and unexpected time. Just three days before the pandemic hit, Hope Channel created the Department of Digital Distribution specifically for programming in the

digital space! The amount of content online now, especially because of the pandemic, is innumerable. God who knows the end from the beginning, led us by the Holy Spirit to create this department just at the right time.

He shared with us all the programming created in response, like our first daily digital morning program called *Small Talk, Big God*. Live on Facebook and Youtube, Monday through Friday, guests from a variety of backgrounds discussed relevant topics in a comfortable, conversational setting. By the end of the season, we reached over one million views in over 167 countries! Along with having something for our viewers during the weekday, we also created *Hope at Home*, our first weekend online worship service. With church buildings closed throughout the year, viewers were offered an alternative to continue worshipping from the safety of their home. The concept of safety at home led to the discovery and implementation of home studios. God gave us the



opportunity to connect with Lonnie Milenshenko to pioneer a brand-new daily series called *Hope Talks*. From his home, we were able to record 365 devotional videos and we know that it will jumpstart our viewers' day. "This new production model brings new opportunities in mission to connect media ministers from across the country and to create more fresh content than ever before," shared Earley Simon, director of television distribution.

Justin Woods, director of digital distribution, spent time during the program to share with viewers the new bible study platform. He brought to our attention just how desirous people are for truth and self-help. After careful research of top-searched topics, we have created and are continuing to create relevant courses "including dealing with insomnia, escaping from spiritualism, stopping panic attacks, and igniting prayer life," he excitedly announced.

The transformation stories were a highlight of virtual Celebration of Hope that resonated with viewers and personalized the event. One of those shared was Sarah Cari-Roberts from Montana. After feeling that she was never going to be good enough to be saved, she spiraled into unhealthy coping mechanisms. Eventually, she suffered depression and even thought about ending her life. But God was protecting her all throughout and she stumbled upon Hope Channel. She watched the program *Table Talk*, and that helped her to see God's grace. She now enjoys watching all the other programs and sharing it with those around her.

Internationally ranked kickboxer "The Shark" broke his leg in a competition and had to rest for eight weeks. During this period, he discovered Novo Tempo,



our global network in Brazil, and his life changed forever. After his recovery, he decided to leave the sport because he did not want to beat people up anymore; he wanted to share the good news of Jesus Christ!

Viewers were also given the opportunity to learn how to be missionaries through stewardship. Jason Miller, director of planned giving, presented an interactive town hall seminar where he explained how to be a better partner in the ministry of Hope Channel. Afterwards, viewers were able to ask questions and meet one-on-one with Miller and other team members of Hope Channel.

The program ended with a sermonette by world renowned evangelist, Pastor Mark Finley. He shared how in Acts 8, we see a man named Saul persecuting the church, but as faithful followers of Christ were scattered, they "preached the word wherever they went." (Acts 8:4 NIV) Persecution is nothing short

of challenging, but what came out of this challenge, was the expansion and spreading of the gospel. God can use any situation for good and COVID-19 is proving just that. Now more than ever, people are searching for truth and Hope

Him. "It's an incredible blessing to see and hear the remarkable ways Jesus is inspiring Hope Channel in new ways and deepening our lasting commitment to reach the unreachable in His name," Season Cromwell, co-host of *Let's*



Channel is a resource to illuminate this. Staggering numbers were presented by Pastor Mark Finley: 5.1 billion unique mobile users, 3.6 billion social media users, and over 80% of the world's population television watchers! Through digital and broadcast distribution, Hope Channel is reaching people where they are at. And we can have even greater and far-reaching effects with your continued support.

As difficult as this past year has been, God saw an opportunity for Hope Channel's ministry to grow and reach those who previously would have never come across this platform. Virtual Celebration reminded us of what God can do if we are faithful and trust in

*Pray Live* emphatically shared. Some people will be in Heaven through the transforming truths found through the Hope Channel programs.

We can't wait to see what exciting news we will share at the next Celebration of Hope. As we wait for that time, let's persevere, sharing the transforming gospel of Jesus Christ through Hope Channel. As Derek Morris optimistically says, looking to the future, "I believe this will be the most exciting year so far for our global evangelistic media ministry network."

## AN INTERVIEW WITH THE PRODUCER OF:

# FACTS OR FABLES?



**Rico Hill**

How many of you know at least one myth? Would you be surprised to know that some of the things you've learned and believed your whole life are actually myths? We "sat down" with producer, Rico Hill as he shared with us the new, exciting series, *Facts or Fables*.

### What is *Facts or Fables* about?

*Facts or Fables* is a live Bible answers series that takes many of the mythological stories that have become doctrine for many and uncovers both the origins of the cunningly devised fables, while connecting viewers to the historical and archeological realities of Bible truth.

### What inspired you to do this series?

Personally, I appreciate when religious programing cleverly targets

non-Christians or Christians who subscribe to popular beliefs that the Bible does not teach. This is exciting to me, as it allows me to creatively find ways to engage the secular mind. *Facts or Fables* does this by drawing from familiar, pop culture shows like *MythBusters*, where each episode tackles a well-known myth and dissects it, revealing why it isn't true.

### How does this differ from other programs that attempt to answer life's tough questions?

*Facts or Fables* is different because most programs that attempt to answer life's difficult questions do so by focusing only on what the Bible says on the matter. Invariably, some will say "well that is true for you, but I see it differently." We address this sentiment from the outset by first acknowledging the beliefs or

myths. In other words, we give those who hold the belief system a place of common ground. In fact, we have added a co-host who argues (in a tongue and cheek way) on behalf of the myth. But by the end, the myth crumbles under the weight of the unadulterated truth.

### Who should watch this?

Christians who attend church on Sunday and have made non-biblical belief systems a doctrine. However, even the person who is secular, but has a curiosity about the origins of certain concepts, like heaven and hell, whether or not ghosts really exist, and the "rapture."

### What do you hope to achieve through this series?

Through *Facts or Fables*, we plan to encourage audiences to reconsider their long-held beliefs, by presenting solid, Bible facts live with the added ability to interact with audiences in real-time through social media platforms. It is our prayer that we can then lead them to online Bible courses, where they can study the subjects further.

### What Bible fable are you most excited to debunk?

There are a few Bible fables that are just ripe for "debunking" that come to mind: 1) When people die, they go straight to heaven; 2) The wicked

burn forever in hell; 3) The devil is in charge of hell; and 4) Once you are saved, you are always saved. I am excited about these.

Catch the premiere of the special series *Facts or Fables* during *Bible HelpDesk* on **January 27, 2021**.







Bible  
HelpDesk

WITH SPECIAL SERIES

# FACTS *or* FABLES?

NOW AIRING

PDT	MDT	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
12:00am	1:00am	It Is Written	Lifestyle Magazine	It Is Written Canada	Lifestyle Magazine
12:30am	1:30am	Breath of Life	Unhooked	Westbrook Hospital	Cliff!
1:00am	2:00am	New Perceptions			
1:30am	2:30am				
2:00am	3:00am	Everlasting Gospel Doug Batchelor	Masterstroke	Cross Connection	Sabbath School Study Hour
2:30am	3:30am		Inside the Bible		
3:00am	4:00am	Revelation of Hope Taj Pacleb	Daily Hope		
3:30am	4:30am				
4:00am	5:00am	Scenic Praise			
4:30am	5:30am	My Story, My Song	Help I'm a Parent	Let's Pray! (R)	Let's Pray! (R)
5:00am	6:00am	It Is Written Canada	Sabbath School Study Hour	Down to Earth	Mark Finley Presents
5:30am	6:30am	Adventures in Mission*		Stupid Money	
6:00am	7:00am	Hope at Home	Breath of Life	Loma Linda University Church At Worship	Cross Connection
6:30am	7:30am		Inverse		Lifestyle Magazine
7:00am	8:00am	New Perceptions	Daily Hope		
7:30am	8:30am				
8:00am	9:00am	Arnion	Transformed	Help! I'm a Parent	Let's Pray!
8:30am	9:30am	The Incredible Journey	Mission 360	Mums at the Table	
9:00am	10:00am	Loma Linda University Church At Worship	Table Talk	Jesus 101	The Incredible Journey
9:30am	10:30am			Mission 360	Down to Earth
10:00am	11:00am	A. Facts w/ D Batchelor	Unlocking Bible Prophecies	Five Good Reasons	New Hope 7th Day Adventist Church
10:30am	11:30am	Bible HelpDesk			
11:00am	12:00am	Transformed	Go Healthy for Good!		
11:30am	12:30am	Spencerville Church			
12:00pm	1:00pm	Table Talk	It Is Written Canada	Hope Sabbath School	Animal Encounters
12:30pm	1:30pm		Stupid Money		Naturally Gourmet
1:00pm	2:00pm	Hope Sabbath School	Help! I'm a Parent	Mark Finley Presents	Transformed
1:30pm	2:30pm		Arnie's Shack		Mums at the Table
2:00pm	3:00pm	Hope At Home	Into the Bible	Parker's Puzzle	Creation Case
2:30pm	3:30pm		Creation Case	Tourchlighters	Parker's Puzzle
3:00pm	4:00pm	It Is Written	Naturally Gourmet	Into the Bible	The Incredible Journey
3:30pm	4:30pm	Real Family Talk	Revival for Mission	Arnie's Shack	Maranatha Mission
4:00pm	5:00pm	Unlocking Bible Prophecies	Go Healthy for Good!		
4:30pm	5:30pm				
5:00pm	6:00pm	Revival for Mission	Let's Pray! LIVE	Let's Pray! LIVE	Let's Pray! LIVE
5:30pm	6:30pm	Lifestyle Magazine	It Is Written Canada	Transformed	Bible HelpDesk
6:00pm	7:00pm	Five Good Reasons	Hope Sabbath School	It Is Written	Real Family Talk
6:30pm	7:30pm			InVerse	Lifestyle Magazine
7:00pm	8:00pm	A. Facts w/D Batchelor	Go Healthy for Good!		
7:30pm	8:30pm	Faith & Life			
8:00pm	9:00pm	Adventures in Mission	Let's Pray! (R)	Let's Pray! (R)	Let's Pray! (R)
8:30pm	9:30pm	Maranatha Mission	It Is Written Canada	Arnion	Bible HelpDesk
9:00pm	10:00pm	New Hope 7th Day Adventist Church	Revelation of Hope Taj Pacleb	Unlocking Bible Prophecies	Real Family Talk
9:30pm	10:30pm				Revival for Mission
10:00pm	11:00pm	Jesus 101	Bible HelpDesk	Five Good Reasons	Revelation of Hope Taj Pacleb
10:30pm	11:30pm	Beyond the Search	Spencerville Church		
11:00pm	12:00pm	Hope Sabbath School	CCC Campmeeting	My Story, My Song	Mission 360
11:30pm	12:30pm			Scenic Praise	Cross Connection

DIRECTV Channel 368 | Hope Channel App | Roku | HopeTV.org

# PROGRAM GUIDE FEBRUARY 2021

THURSDAY	FRIDAY	SABBATH	CDT	EST
It Is Written Oceania	Lifestyle Magazine	Everlasting Gospel Doug Batchelor	2:00am	3:00am
Lineage Journey	FAQ		2:30am	3:30am
New Perceptions			3:00am	4:00am
			3:30am	4:30am
Revelation of Hope Taj Pacleb	Unlocking Bible Prophecies	Inside the Bible	4:00am	5:00am
		Cliff!	4:30am	5:30am
Daily Hope		Hope Sabbath School	5:00am	6:00am
			5:30am	6:30am
Scenic Praise			6:00am	7:00am
Let's Pray! (R)	Let's Pray! (R)	Jesus 101	6:30am	7:30am
Jesus 101	Cross Connection	Spencerville Church	7:00am	8:00am
Speak Up		InVerse	7:30am	8:30am
A. Facts w/D Batchelor	Sabbath School Study Hour	A. Facts w/ D Batchelor	8:00am	9:00am
Mums at the Table		Mission 360	8:30am	9:30am
Daily Hope		Hope Sabbath School	9:00am	10:00am
			9:30am	10:30am
InVerse	Maranatha Mission	Loma Linda University Church at Worship	10:00am	11:00am
Adventures in Mission	Lutti and Tutti		10:30am	11:30am
It Is Written	Into the Bible	Breath of Life	11:00am	12:00am
Real Family Talk	Parker's Puzzle	It Is Written	11:30am	12:30am
Mark Finley Presents	Loma Linda University Church At Worship	New Perceptions	12:00pm	1:00pm
			12:30pm	1:30pm
Go Healthy for Good!	It Is Written	Loma Linda University Church At Worship	1:00pm	2:00pm
	Adventures in Mission		1:30pm	2:30pm
New Perceptions	Faith & Life	Arnion	2:00pm	3:00pm
	A. Facts w/D Batchelor	Revival for Mission	2:30pm	3:30pm
Sabbath School Study Hour	Hope At Home	The Incredible Journey	3:00pm	4:00pm
		Bible HelpDesk	3:30pm	4:30pm
Into the Bible	Breath of Life	ANN	4:00pm	5:00pm
Lutti and Tutti	ANN	Mission 360	4:30pm	5:30pm
Arnie's Shack	New Perceptions	Transformed	5:00pm	6:00pm
New Hope		Jesus 101	5:30pm	6:30pm
Go Healthy for Good!	Hope Sabbath School	Table Talk	6:00pm	7:00pm
			6:30pm	7:30pm
Let's Pray! LIVE	Bible HelpDesk	Unlocking Bible Prophecies	7:00pm	8:00pm
Arnion	Revival for Mission		7:30pm	8:30pm
Lifestyle Magazine	Transformed	Adventures in Mission*	8:00pm	9:00pm
Bible HelpDesk	Spencerville Church	Family Reunion	8:30pm	9:30pm
Go Healthy for Good!	The Incredible Journey		9:00pm	10:00pm
	Lineage Journey		9:30pm	10:30pm
Let's Pray! (R)	Mission 360	Saturday Night Specials	10:00pm	11:00pm
Transformed	Faith & Life		10:30pm	11:30pm
New Hope 7th Day Adventist Church	Five Good Reasons			11:00pm
		Lineage Journey	11:30pm	12:30pm
Cross Connection	Hope Sabbath School	Revelation of Hope Taj Pacleb	12:00am	1:00am
			12:30am	1:30am
Cliff!	New Hope	CCC Campmeeting	1:00am	2:00am
Scenic Praise	It Is Written Oceania		1:30am	2:30am

See upcoming program guides at [HopeTV.org/Schedule](https://www.hopetv.org/schedule)





# THE HOPE CHANNEL APP

WATCH HOPE CHANNEL ANYTIME, ANYWHERE FOR FREE!



SCAN ME

Point your device's camera at the QR code to download our app!



PO Box 4000  
Silver Spring, MD 20914

Non Profit Org.  
US Postage  
**PAID**  
Hope Channel