

**1. The LORD is near**

- a) Psalm 139:1-6, 7-12, 13-18
- b) Is it good news or bad news that we have a LORD God who draws near?
- c) Share some examples from the Scriptures of the LORD God drawing near.
- d) Share a time when you sensed the LORD draw near.

**2. The LORD cares**

- a) Psalm 40:1-3
- b) Psalm 55:22
- c) What encouragement do you find in these inspired testimonies about the LORD's care for us?
- d) How can we help others to believe that the LORD truly cares about them as individuals?

**3. The LORD is a Refuge for us**

- a) Psalm 17:6-8 (Psalm 57:1, 63:7, Matthew 23:37)
- b) Psalm 31:1-3
- c) Psalm 46:1-2
- d) Psalm 91:2-7
- e) Share a story in the Scriptures where the LORD was a Refuge for His people.
- f) Share a time when you called upon the LORD to be your Refuge.

**4. The LORD is our Deliverer**

- a) Psalm 50:15
- b) Psalm 27:1-5
- c) Psalm 114:1-2 Share some examples of the LORD's deliverance for the children of Israel in their exodus from slavery in Egypt.
- d) What inspired revelation does the apostle Paul give regarding the LORD as Deliverer? 1 Corinthians 10:1-4
- e) How was the LORD a Deliverer for faithful servants like John the Baptist and Stephen, even though they were not delivered from their time of adversity?
- f) What promises of the LORD give us comfort that He is with us during times of our adversity?

**5. Where does our help come from?**

- a) Psalm 121
- b) Why does the Psalmist speak of the sanctuary as the source of our help? Psalm 20:1-2, Exodus 25:8
- c) The earthly sanctuary no longer exists. How does help come for us today from the heavenly sanctuary? Hebrews 8:1-2, 4:15-16
- d) Jesus is our Savior, Lord, Great High Priest, and soon-coming King. He longs to draw near to us, care for us, be a refuge for us and deliver us. How can we learn to trust Him more?
- e) Who helped you learn to trust Jesus?

