

FAMILY SEASONS, PART 10

Outline #10 Times of Trouble in the Family

1. Dealing with conflict

- a) Proverbs 19:11, 17:14, 15:1
- b) Matthew 18:15, 7:1–5
- c) Romans 14:19
- d) Hebrews 12:14 (see also Romans 12:18)
- e) What principles can you learn from these texts that can help you deal with conflict in your home?
- f) Think of a Bible story of a family dealing with conflict. What lessons can you learn from their experience? (e.g. Jacob and his sons)
- g) Share a time when you attempted to deal with conflict in your family. How did God help you?

2. Dealing with anger

- a) Ecclesiastes 7:9
- b) Psalm 4:4, 37:8 (see also Ephesians 4:26–27) When does anger become sin?
- c) Share a Bible story where someone expressed anger in an appropriate way
- d) Think of a Bible story where someone allowed anger to drive his/ her behavior in a damaging way
- e) How does the counsel of James help you when you are experiencing anger? James 1:19–20
- f) Share a time when God helped you deal with your anger in a constructive way

Praise Him in the Heights (Psalm 148:1-4)

3. Dealing with abuse

- a) What types of abuse might a person experience in a family? Colossians 3:19, 21
- b) Why is any form of abuse contrary to God's plan? 1 John 4:7-8
- c) What counsel would you give to an individual who is living in an abusive family?
- d) How have you seen God bring freedom and healing to someone caught in an abusive environment?

4. Wise counsel for times of trouble

- a) Psalm 50:15 Share a time when you responded to this invitation of the LORD.
- b) Jeremiah 33:3 (see also James 1:5) Why is it important to seek wisdom and counsel from God in times of trouble?
- c) Colossians 3:13 Forgiveness is not always easy, especially if you have been deeply hurt or wronged. Why is forgiveness so important in times of trouble?
- d) Matthew 7:12 Many have heard this Golden Rule of Jesus. Why is this life principle so helpful when dealing with times of trouble in a family?
- e) How have you seen God help your family through times of trouble?
- f) How can times of trouble in a family become opportunities to grow closer to each other and closer to God?

