

The official Television Network of the Seventh-day Adventist Church, Hope Channel offers programs on wholistic Christian living and focuses of faith, health, relationships, and community.



Show Title: Eidden's Kitchen

Episode: 01

Ingredients used to make,

## CABBAGE ROLLS W MOZZARELLA CHEESE & TURMERIC MILK

## **CABBAGE ROLLS**

o 1 Large Cabbage

o 1 kl Ground marinated mushroom (Mushroom Tocino)

1 Medium Chopped onion3 tsp Minced garlic

o 1 tsp Salt

o 1 tbspo 1 tbspSeasoningBrown sugar

o 1tsp Pepper

o 1 tsp Parsley flakes

2 med Eggs
½ cup Ketchup
2 tbsp Tomato paste

1½ cup
Cooked unpolished rice

2 (650gm) Hunts pasta sauce
200 gm Mozzarella cheese

## **TURMERIC MILK**

1 cup½ tspGrated turmeric

1 tbspHoney